



AUCKLAND REGIONAL CHAMPIONSHIPS 2017

In association with NZChefs

Welcome to the Auckland Regional Championship 2017
Class Criteria for Secondary Schools Competitions

Secondary Schools - Static Presentation

Class - ARS01
Iced Café Cake - Static
8.30 am

Competitors are to display an Iced Café Cake of their own creation. The size of the finished cake must not exceed 275 mm including icing and decorations. The cake is to be presented on a white plate. The cake will be cut during judging.

A recipe & description card must accompany the cake.

Class - ARS02
Biscuits - Static
8.30 am

Competitors are to display eight (8) identical biscuits of their own creation. They must be presented on one plate and two will be tasted during judging.

A recipe & description card must accompany the biscuits.

Class - ARS03
Savoury Quiche - Static
8.30 am

Competitors are to display a baked savoury quiche no larger than 250 mm, with the competitor's choice of filling and casing. This is a hot dish, but presented baked and cold. The judges will cut a portion for viewing of the internal presentation.

A recipe & description card must accompany the savoury quiche.

Secondary Schools – Live Kitchen

Class - ARS04 -

Scone – Sweet or Savoury

45 minutes

Competitors have 45 minutes to cook and present four (4) sweet scones with butter, jam and cream **OR** four (4) savoury scones with a relish. Scones are to be presented on a platter with the accompaniments. Jams and relish can be brought in, but can be finished if required.

A recipe and description cards must accompany the dish.

Class - ARS05

Omelette – Cheese and Onion

30 minutes

Competitors have 30 minutes to cook and present two (2) Three Egg Omelettes with a filling of cheese and onion. Both omelettes are to be presented on a single platter.

A recipe & description card must accompany the dish.

Class - ARS06

Vegetable Soup

60 minutes

Competitors are to prepare, cook and present two (2) identical bowls of vegetable soup of their choice within 60 minutes, made from NZ grown vegetables. Competitors can bring in finished stocks, all vegetables must be raw & whole at the start of the competition.

A recipe and a description card must accompany the dish.



Class - ARS07
Pasta & Mushroom

60 minutes

Competitors have 60 minutes to prepare, cook and present two (2) identical, individually plated main dishes featuring pasta and mushrooms. Competitors will be supplied a selection of Meadow Mushrooms, Portabella, Button and Swiss Brown mushrooms to use for the competition, no other mushrooms can be used. The dish can reflect either contemporary or traditional Italian cuisine.

A recipe and a description card must accompany the dish.

Sponsor – Meadow Mushrooms

Class - ARS08
Café Sandwich

60 minutes

Competitors have 60 minutes to prepare and present two (2) individual plates, each for 1 person suitable for a lunch service. The sandwiches must be identical and filled with a minimum of 5 components, butter / margarine spreads do not count as a filling. Protein i.e. meat / fish is not a compulsory component. Innovative-creative neat presentation is essential.

This may be served warm, hot or cold which must be clearly stated on the recipe card.

A recipe and a description card must accompany the dish.

BEEF + LAMB
NEW ZEALAND



Class - ARS09
Beef + Lamb New Zealand College Challenge – Mystery Box
Team Event - 2 Students **75 minutes**

The team will be presented the mystery box ingredients and receive a full list of ingredients, one (1) hour prior to the competition starting. They can plan their dish and write the description cards. They have 45 minutes to complete this, without any assistance.

The team have 75 minutes to prepare cook and present two (2) identical plates suitable for a main course meal. The plate must contain the protein, a starch and minimum of 2 vegetables from the contents of the mystery box. A sauce / dressing must be presented as well. The dish must represent healthy New Zealand cuisine.

A hand-written description card must accompany their presentation.

Teams are chosen from Regional Competitions to compete in the National Competition in July 2017.

Sponsor – Beef + Lamb New Zealand

Secondary Schools – Live Restaurant & Cafe



Class - ARS10

Classic Table Setting

35 minutes

Prepare a standard full Table d'hôte restaurant setting including; water (1) and wine glasses (2), cruets and butter dishes for four (4) covers. The preparation of a bud flower arrangement and serviette fold to be included. A 900-mm square table, four (4) chairs, trestle table and hot water will be provided. A three (3) course menu matching the Table d'hôte set is required. The wine glasses can be any style should be complimentary to the menu. Competitors are to supply all other equipment.

Unpack 5 minutes, Table setting 30 minutes

Sponsor – Pacific Linen



Class - ARS11

Smoothies

20 minutes

Competitors are to produce TWO (2) servings of an original recipe smoothie using any Anchor product as a key ingredient. All ingredients are to be supplied by the competitor – except for ICE.

Full Recipe amounts and methods must be present at time of competition.

A recipe card describing and naming the smoothie must be displayed. A question relating to the class will be asked.

Sponsor – Anchor Professional

Class - ARS12

Barista

25 minutes

Part 1:

Competitors are allowed Five (5) minutes to prepare and season the espresso machine and set up any additional equipment

Part 2:

Competitors are allowed Twenty (20) minutes to present water (1) and Two (2) portions of the following beverages in stated order;

1. Single Espresso
2. Double Shot Latte
3. Single Flat White

Clean down workstation, grinder, and machine.

Competitors are required to bring all preparation service equipment, including cups and glass ware.

Class – ARS13
What's your Flavour

Refer Criteria supplied by Auckland Council – Or contact the
NZChefs Office on 0800 692 433 – email:
competitions@nzchefs.org.nz



AUCKLAND REGIONAL CHAMPIONSHIPS 2017

In association with NZChefs

The Competition

The Auckland Regional Championships 2017 Committee are pleased to release the Auckland Regional & Secondary Schools Competition schedule.

The competition is run in line with the World Association of Chefs Societies [WorldChefs] guidelines. Competitors receive their results on the day of competition and medals are awarded at the Prize-giving held at the end of the day.

A special thanks to...

New Zealand Chefs Association (NZChefs) National Office Administration Team and the Executive Officer - Carmel Clark

NZChefs members who volunteered their time.

The Judges who give their time and expertise to judge the competitions.

And to all the volunteers who assist at the competition and to all the competitors – without you there would be no competition.

The Organising Committee:

| | |
|-----------------|---|
| Grant Kitchen | Salon Director |
| Robert McDonald | Chief Judge – Kitchen |
| Janine Quaid | Chief Judge – Restaurant Service |
| Carmel Clark | NZChefs Executive Officer / Registration and Administration |

NZMA Representative Coordinator:

Nishat Elavia, Campus Manager – Hospitality and Business



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The Venue:

NZMA Sylvia Park – Cookery & Hospitality School

55 – 60 Carbine Road, Mount Wellington, Auckland.



Parking:

Parking will be available at the front or side of the School of Culinary and Hospitality Studies for competitors and supporters. Please be aware that no responsibility will be taken by the organisers for any theft or damage to any vehicle during these competitions.

General Information

All competitors are advised to read all of this section.

1. Entries

The Schools competitions are open to any student in Year 11, 12 or 13, studying Home Economics and / or Hospitality (NZQA unit standards Level 1, 2 or 3)

Tertiary Competitors are; any hospitality person in training in an Educational Institute or in the Industry, or who has not completed their training with less than 6000 hrs work experience. Proof of hours must be able to be verified prior to the competition if requested. The hours are up to the date of participation in the competition.

Open Competitions are open to any “trained” person in the hospitality industry regardless of age or experience or hours worked.

- All entries must be on the official entry form (copy can be requested from NZChefs National Office via email competitions@nzchefs.org.nz) and must be sent to NZChefs by the 12th May 2017.
- No postal entries will be accepted. Entries may be made via email or fax.
- An entry fee / purchase order must accompany each entry form. No entry will be accepted without payment. Late entries will not be accepted. All changes to entries must be in writing (fax, email) and required by 12th May 2016
- If a competitor enters by email or Fax (on 0800 692 432) an invoice will be sent & payment must be received by the 24th May 2017 otherwise entries will NOT be accepted.
- You can make a payment online via our website www.nzchefs.org.nz – refer to the ‘shop’
- Entries for oversubscribed classes will be accepted, only when payment is provided, and in the order, they are received.
- Entries into live classes are limited to two representatives per school & it is in the competitor’s best interest to apply early. We will not limit static entries.
- The organisers reserve the right to limit numbers and entries in any class, or cancel a class should there be a need to.
- The Entry fee is non-refundable in cases of cancellation or withdrawal by the competitor.
- The organiser’s reserve the right to rescind or modify any of the rules and conditions, and their interpretation of the rules is final.

2. Closing Date for Entries

- Received no later than 12th May 2017
- Confirmation of class entry will only be made after the cut-off date.
- Competitor numbers & confirmations will be sent out prior to the Competition.
- Classes that have more than ONE heat; competitors will be advised prior to the competition of their heat & time.
- No liability can be accepted for entries lost or damaged. Proof of posting is not proof of receipt.

3. Entry Fee

All entry fees are non-refundable (Includes GST). In paying for entry into any class the competitors & all persons assisting those entering state they abide by the rules.

- NZChefs Members - \$30.00 Live Classes & \$20.00 Static Classes
- Non-Members - \$45.00 Live Classes & \$30.00 Static Classes
- No entry will be accepted for processing without payment regardless of circumstances.
- The Entry fee is non-refundable in cases of cancellation or withdrawal by the competitor.
- NO discounts for Bulk payments.

4. Product supplied by sponsors

- Any products that are supplied for practice as per the Schedule of Classes will not be available until after the close off date.
- No communication with the sponsor for products is permitted between the competitors or their support people prior to confirmation of entry which will be after the cut-off date

5. Professional Integrity

- It is the responsibility of competitors to assure the judges that their work is unaided & is completed within the spirit of fair competition.

6. Attendance on the day

- Competitors must register at the registration desk at least 1 Hour before the scheduled competition heat time.
- Competitors must report to the scheduled competition room at least 20 minutes prior to their live class.

7. Security of Equipment Personal Property and Injuries

- Whilst reasonable care will be taken for the security of equipment. The Management team will NOT be responsible for any loss or damage to exhibits, dishes, equipment or personal effects. Competitors are advised to suitably insure all personal equipment bought into the event. It is the competitor's responsibility to cover this for personal use.

- It is advised that all specialised equipment be named and a contact phone number adhered to the base of all equipment. No responsibility will be taken for equipment that has been left behind at the end of the competitions and any equipment left on site at the close of the competitions will be disposed of without further warning.
- The organisers accept no responsibility for loss or damages to personal property or injuries whilst competing.

8. Live Classes- Kitchen

- Unless otherwise stated, competitors MUST supply all food items and the necessary equipment to prepare, cook and serve.
- The competition rules specify that each competitor must prepare TWO (2) covers for judging unless stated otherwise. These are used for tasting by the judging panel
- Competitors are advised not to bring additional display materials, as these will not be marked.
- Once a live competition in any arena has started no communication may take place between the competitors, or between the competitors & support outside the arenas. If communication does take place, then the competitors will be disqualified immediately. Unless you are part of a team event.
- Once a live competition has started no equipment, food, liquids or other associated items for the class may be bought into the arenas for the competitors to complete the task under any circumstances.
- When the allotted time is, up competitors will be informed of this by the Head Judge / Floor Manager and all competitors will be asked to 'stand back from their work stations. Any competitor who has not finished all elements of their competition will then be allowed a further 5 minutes to complete these elements, but they will forfeit 10 marks. After the 5 minutes, if you have not presented all your dishes, or completed all your service elements, you will not be judged & a DNC or DNP (did not complete or did not present) entered on the judging sheets. With live competitions, ALL plates must be off the bench & in transit.
- No conferring is allowed between opposing competitors or between competitors & their Coach/Tutor/Manager or anyone outside of the arena, while the competition is underway. All enquires during the competition should be directed to the Head Judge of the competition. No conferring is permitted in any form. Conferring between parties will result in disqualification from the event.
- Full chef whites including hat and neck tie OR appropriate School uniform is to be worn.
- All competitors are required to wear footwear appropriate for the kitchen environment (closed front and back, leather or similar)
- Marks will be deducted for incorrect uniform

9. Health & Safety. Promoting food safety & hygiene excellence

- Regulations as per a workplace must be followed in all competitions.
- Competitors will not only be judged on the standard & quality of their food, but also monitored on their efficient use of energy in creating a winning dish.
- Competitors must at all times keep the food that they are using for competitions at a safe temperature i.e. below FOUR degrees centigrade.

- The organising committee are not able to offer any refrigeration, freezer or dry store space for your food items either before or after your scheduled competition time. During your scheduled competition, full refrigeration and a freezer are available for all competitors.

10. Kitchens

- No equipment must be added to the stove or the bench that will make the height of the stove or bench greater than 150cm from the floor to the top of the attachment. Any addition must be securely attached & not interfere with the working or cause damage to the stove or anybody in the vicinity. The Salon Director, Chief Judge, Assistant Chief Judge, Head Judge or the safety officer will have the right to have the equipment removed at any time of the competition.
- Competitors are required to clean their stoves & equipment at the end of the competition. Marks will be deducted if this is not carried out.
- No trolleys will be allowed in any kitchen other than for transport into the kitchen. All trolleys MUST be removed to a safe place prior to start of the competition.
- Under no circumstances will deep fat fryers either free standing with a power source, or on the stove with a temperature probe with oil / fat/ or other frying medium be used in any part of the cooking arena. Deep frying is when the frying medium is over ¼ cm.

11. Time Allocation all Kitchen classes

- The time allocation for the Live Kitchen classes will be strictly enforced. Provided there are no unforeseen difficulties ¼, ½ & ¾ times will be given. A 10 minute to go call & from 5 minutes to go, every minute will be called.

12. Temperature of food served & the use of temperature probes.

- Any protein that is served raw (especially chicken) will not be judged. The plate will be wrapped (marked with class, competitor & bench number) & kept until after the competition has been completed. Temperature probes may be used by the judges to test suitable temperature of served food items.

13. Liquid nitrogen

- Liquid nitrogen is not to be used.

14. Equipment & wash up area

- ALL platters, props, plates' equipment & product to be provided by competitors unless otherwise stated in the schedule. These must be marked with the competitor's number & contact phone number. Competitors are responsible for their own equipment at all times. The organisers will NOT be responsible for any loss or damage to exhibits, dishes, equipment or personal effects. Competitors are advised to suitability insure dishes for display. It is the individual's responsibility to cover this personal risk.
- No washing up is allowed in any kitchen outside the allocated competition time.

- No equipment under any circumstances will be stored in any area overnight or at the end of the final day. All equipment will be discarded 30 minutes after the end of judging of the final competition each day. So please remove ALL equipment.

15. Recipe and Description Cards. Read the following with care

- All Live Kitchen and certain restaurant classes must have the correct Recipe and Description cards as stated in the class schedule above.
- Competitors are to supply the required recipe (Including precise weight, ingredient & method of cooking (short version). A description card should also be supplied (As you would wish the dish to be described on a menu). Both must be computer generated & written in English.

- ONE copy of the Recipe card / Description card must be must be emailed to competitions@nzchefs.org.nz by the 19 May 2017
- In the LIVE Kitchen ONE Recipe card and ONE Description card should be taken into the kitchen for display with your work for the Judging table.

16. Judging

- The decision of the judges in all matters relating to the competitions is final & no correspondence will be entered into.

17. "Guidelines for Culinary Arts & Restaurant Service Competitions"

- Competitors are to refer to the latest version of the Competition Guidelines (\$23.00 Includes P&P). To order a copy visit our website or please contact NZChefs National Office – 0800 692 433 or competitions@nzchefs.org.nz

18. Practical Classes- Restaurant Service

To assist you in the Mise en place for your competition please note the following.

| Set up | |
|--|--|
| Allowed | Not Allowed |
| All equipment can be unpacked from the boxes, unwrapped & laid out on the table in the FIVE (5) minutes set up period. | No cleaning, polishing, preparation or associated work may take place in this time. No aprons or gloves are to be worn during the unpacking process. |
| Trolleys (as per kitchen trolley) for transportation to the working arena | They must be removed prior to the start of the competition. Points will be deducted for non-adherence to this. |
| | No written checklists or information can be brought into the competition area. |
| Assistance can be given to bring in equipment | Non competing personnel must vacate the arena prior to competition start. |

19. Start of competition

A minimum standard of dress is required for all food & beverage service events.

- Industry standard black & whites or appropriate school uniform.
- Trousers/skirts should be in “as new” condition & well pressed.
- Shirts/blouses should be in “as new” condition, well pressed & appropriate for the competition.
- Aprons if worn should be in “as new” condition & well pressed.
- Footwear should be black, fully enclosed, highly polished & in “as new” condition.
- For safety reasons, heels are not to be in excess of 50mm.
- A high level of personal hygiene is to be adopted at all times.
- Hair should be worn back & restrained if longer than the top of the collar; the restraint shall be suitable to competition standards.
- Marks will be deducted for incorrect uniform

20. Live Classes – Restaurant

- Unless otherwise stated, competitors MUST supply all the necessary equipment to prepare and serve.
- Competitors are advised not to bring additional display materials, as these will not be marked.
- Once a live competition in any arena has started no communication may take place between the competitors or between the competitors & support outside the arenas. If communication does take place, then the competitors will be disqualified immediately.
- Once a live competition has started no equipment, food, liquids or other associated items for the class may be bought into the arenas for the competitors to complete the task under any circumstances.
- When the allotted time is up competitors will be informed of this by the Head Judge / Floor Manager and all competitors will be asked to ‘stand back from their work stations. Any competitor who has not finished all elements of their competition will then be allowed a further 5 minutes to complete these elements, but they will forfeit 10 marks. After the 5 minutes, if you have not presented all your dishes, or completed all your service elements, you will not be judged & a DNC or DNP (did not complete or did not present) entered on the judging sheets. With live competitions ALL plates must be off the bench & in transit.
- No conferring is allowed between opposing competitors or between competitors & their Coach/Tutor/Manager or anyone outside of the arena, while the competition is underway. All enquires during the competition should be directed to the Head Judge of the competition. No conferring is permitted in any form. Conferring between parties will result in disqualification from the event.

21. Restaurant Work station

- 900mm x 900mm square table
- 4 Stackable Chairs as required
- A suitable side table will also be provided were necessary.

22. Items available
- Hot water boiler
 - Filter coffee.
 - Ice
 - Cold water

23. Awards (all classes)

The World Association of Chefs Society Guidelines is used for ALL competitions, with regard to the marking system. All competitors start with 100 ('Gold with Distinction'), with marks deducted for non-compliance with the Guidelines. Competitors can receive Gold, Silver & Bronze medals with certificates in each class.

Medals & certificates will be awarded to competitors who achieve the following marks in each class. A certificate of merit can be awarded at the discretion of the Chief Judge.

| | |
|------------------|-------------------------------------|
| 100 marks | Gold Medal with Distinction. |
| 90-99 | Gold Medal. |
| 80-89 | Silver Medal. |
| 70-79 | Bronze Medal. |

24. Judges Feedback

- All competitors will receive a judge's feedback form.
- Judges Marking sheets will not be given out.

25. Results

- Results of each competition will be posted, once the Chief Judge has signed them off.
- Results will be displayed on the Competitors Results notice board (beside registration desk) as soon as possible after judging is completed.

26. Statement of confidentiality

- All information supplied to the School of Culinary & Hospitality Studies, as part of this competition Entry Form will be kept entirely confidential. It will not be revealed to any one or used for any purpose other than internal record keeping & the class sponsor.

27. Prize-Giving

- Prize Giving will take place as per the timetable.

ALL RECIPIENTS FOR AWARDS ARE TO BE IN CLEAN HOSPITALITY or APPROPRIATE SCHOOL UNIFORM.

- This is important for presentation purposes and for the sake of class sponsors and photographs.
- Any medals or certificates that are not accepted by the competitor or his/her assistant at the presentation ceremony will be withheld, unless prior arrangements are made with the organizers. No medals or certificates will be given out at the registration desk under any circumstances.
- All uncollected awards will be sent to the competitor's school after the competition.

All comments and awards may take up to SIX (6) weeks after the competitions have closed to be sent out.

For further information, please contact:

NZChefs National Office:

Phone 0800 692 433

Email competitions@nzchefs.org.nz